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CAMPBELLSVILLE UNIVERSITY NURSING STUDENTS VISIT CAMPBELLSVILLE HIGH SCHOOL

By Adam Goodlett, student news writer

CAMPBELLSVILLE, Ky. – The Campbellsville University School of Nursing students recently visited Campbellsville High School to participate in a health fair and to put their skills to use.

The second-year students in the nursing program went to visit the school and participated in a plethora of activities with the high school students. The CU nursing students conducted blood pressure screenings, calculated ideal body weights and educated the students on diet, drug use and STDs.

“We believe in the service learning concept, where our students can gain a wealth of knowledge while providing a service for one of our local high schools,” Robert Wade, dean of the School of Nursing at Campbellsville University, said.

The CU students had stations set up inside the gym and the high school students could walk around and check out the ones that interested them most.

The experience was good for both nursing students and high school students alike. “It was a positive experience for all who were involved. I would definitely make this an annual event,” Wade said.

“I very much enjoyed our trip to Campbellsville High School. It was a great learning experience for me. I was able to educate young people about the importance of healthy lifestyles by giving them information on better eating habits and different forms of exercise,” Mary Beth Reynolds of Campbellsville, a nursing student at CU, said.

There was also a feeling of accomplishment floating among the nursing students that they had made in impact through teaching these young people.

“It was good to see young people taking the time to help educate themselves about their health, and I was glad to be a part of that,” Reynolds said.

There were also many positives to the trip for the nursing students, other than educating. They were able to practice their patient interviewing skills, and the experience also tested their decision making.

Overall, Wade and his nursing students feel that it was a great experience and that they would be honored to be able to go back and participate in the next health fair.

Campbellsville University is a private, comprehensive institution located in South Central Kentucky. Founded in 1906, Campbellsville University is affiliated with the Kentucky Baptist Convention and has an enrollment of 3,006 students who represent 97 Kentucky counties, 30 states and 37 foreign nations. Listed in *U.S. News & World Report's* 2010 “America’s Best Colleges,” CU is ranked 23rd in “Best Baccalaureate Colleges” in the South, tied for fifth in “most international students” and fourth in “up-and-coming” schools in baccalaureate colleges in the South. CU has been ranked 17 consecutive years with *U.S. News & World Report*. The university has also been named to America’s Best Christian Colleges® and to *G.I. Jobs* magazine as a Military Friendly School. Campbellsville University is located 82 miles southwest of Lexington, Ky., and 80 miles southeast of Louisville, Ky. Dr. Michael V. Carter is in his 11th year as president.

