

LAUREN M. WILLIS

CAMPBELLSVILLE UNIVERSITY

DIVISION OF HUMAN PERFORMANCE

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EDUCATION

- PhD** University of Kentucky, Educational Sciences – Physical Education May 2019
Dissertation: “The Effects of Increased Physical Education on Student Academic Achievement and Classroom Behavior”
Committee: Dr. Heather Erwin (chair), Dr. Aaron Beighle, Dr. Jody Clasey, Dr. Kiluba Nkulu
- MS** Campbellsville University, Sport Management May 2016
Advisor: Dr. Kun Soo Shim
- MS** Campbellsville University, Theology May 2015
Advisor: Dr. John Hurtgen
- BS** Campbellsville University, Health & Physical Education December 2012
Graduated Summa Cum Laude
Advisors: Dr. Donna Wise & Mr. Don Cheatham

HONORS AND AWARDS

- KY SHAPE Health Moves Minds Top Fundraiser** 2024
- KY SHAPE Presidential Award** 2024
- KY SHAPE College Professor of the Year** 2021
- Outstanding Faculty Advisor** 2019
- Graduate Block Funding** 2018
- John E. Partington Scholarship** 2017 & 2018
- Valedictorian** 2012
- Who’s Who Among Students** 2009-2012

RESEARCH EXPERIENCE

- Dissertation**, University of Kentucky, Campbellsville Elementary School 2018
Advisor: Dr. Heather Erwin
- The Effects of Physical Activity on Academic Performance

Pilot Study, University of Kentucky, Campbellsville Elementary School 2017-2018
Advisor: Dr. Heather Erwin

- The Effects of Physical Education on Academic Achievement

PUBLICATIONS

Willis, L., Erwin, H., & Beighle, A. (2024). Physical Education Response to Intervention: Outcomes and Strategies for Implementation. *Journal of Physical Education, Recreation & Dance*, 95(9), 36–41.
<https://doi.org/10.1080/07303084.2024.2396296>

TEACHING EXPERIENCE

Campbellsville University, Campbellsville Kentucky August 2016-Current
Chair of Human Performance (2022-current)
Associate Professor, Division of Human Performance (2021-current)
Assistant Professor, Division of Human Performance (2017-2021)
Instructor, Division of Human Performance (2016-2017)
Lead Professor of Health and Physical Education, Division of Human Performance (2016-current)

Courses Taught:

- HP 103: Introduction to Physical Activity
- HP 115: Walk/Jog for Fitness
- HP 148: Beginning Basketball
- HP 180: Principles of Wellness
- HP 200: Healthful Living
- HP 212: Rhythmic Movement
- HP 230: Kinesiology & Anatomy for HP Professionals
- HP 251: Teaching Sport Skills I
- HP 252: Teaching Sport Skills II
- HP 302: Assessment in Physical Activity
- HP 305: Community and Consumer Health
- HP 310: Nutrition
- HP 318: Teaching Sport Skills
- HP 320: Human Sexuality
- HP 321: School Health, PE, & Recreation P-5
- HP 351: Christian Coaching
- HP 360: Gender & Diversity in Sport
- HP 380 Motor Learning
- HP 411: Teaching Health & PE
- HP 415: Ethics in Sport
- HP 430: Psychology of Sport
- HP 485: Internship Advisor
- HP 490: Senior Seminar
- HP 511: Teaching Elementary Health & PE
- HP 512: Teaching Secondary Health & PE
- HP 650: Ethics in Sport

- OR 100: First Year Experience
- OR 110: First Year Seminar

Online Course Development:

- HP 115 Walking/Jogging for Health and Fitness
- HP 180 Principles of Wellness
- HP 305 Community and Consumer Health
- HP 311 Drugs, Individuals, and Society
- HP 351 Christian Coaching
- HP 360 Gender & Diversity Issues
- HP 391 Adapted Physical Education
- HP 415 Ethics in Sport
- HP 511 Teaching Elementary Health and Physical Education
- HP 512 Teaching Secondary Health and Physical Education

PRESENTATIONS AND INVITED LECTURES

Workshop, “Notetaking Skills,” August & September 2024

Presentation, “New Standards? No Problem, Let’s Move! Active Learning in Health Education”, SHAPE Move Thrive Conference, July 2024

Presentation, “Teaching Cooperative Games & Activities”, SHAPE America Conference, March 2024

Workshop, “Notetaking Skills,” August & September 2023

Presentation, “Cooperative Games & Activities”, SHAPE Move Thrive Conference, June 2023

Presentation, “Student Teaching 101”, SHAPE Move Thrive Conference, June 2023

Workshop, “Notetaking Skills,” August & September 2022

Workshop, “Adapted PE: Activities that Embrace Inclusion”, SHAPE Move Thrive Conference, June 2022

Workshop, “Field Day: Themes, Games, and Relays”, SHAPE Move Thrive Conference, June 2022

Workshop, “Notetaking Skills,” August & September 2021

Workshop, “Notetaking Skills,” August 2020

Presentation, “Teaching Games for Understanding”, SHAPE Convention April 2020 – Invited but cancelled due to COVID

Workshop, “Fitness Activity Takeaways,” KAHPERD Convention October 2019

Workshop, “Assessment on the Run,” KAHPERD Convention October 2019

Paper Presentation, “The Effects of Increased Physical Education on Student Academic Achievement and Classroom Behavior,” IPHPE Conference September, 2019

Workshop, “Notetaking Skills,” August & September 2019

Roundtable Discussion Presentation, “The Effects of Physical Activity on Academic Performance,” SHAPE Convention April, 2019

Paper Presentation, “The Effect of Increased Physical Activity on Academic Performance,” College of Education Spring Research Conference March, 2019

Presentation, “Ethics in Sport: Performance Enhancing Drugs & Elite Athletes,” November 2018

Workshop, “Teaching Games for Understanding,” KAHPERD Convention November 2018

Workshop, “Games From Around the World,” KAHPERD Convention November 2018

Workshop, “Notetaking Skills,” August & September 2018

Workshop, “Finding your Compass,” Orienteering, KAHPERD Convention November 2017

PROFESSIONAL AFFILIATIONS

Kentucky Association for Physical Education, Recreation, & Dance, 2016-2019

Society for Health and Physical Education, 2010-2012, 2016-2019

Kentucky SHAPE, 2019-Present

The PETE Collaborative Organization, 2018-Present

PROFESSIONAL SERVICE

Committees

- Academic Advising (2016-2022)
- Academic Council (2022-)
- Administrative Council (2022-)
- Athletic (2016-2017)
- Board of Trustees – Faculty Representative (2019-2021)
- Chapel/Convocation Committee (2020)
- Faculty Forum Secretary (2021-2022)
- Health & Wellness Committee (2019-2022)
 - Wellness Fair Coordinator (2017-2022)

- Institutional Effectiveness (2022-)
- Promotion & Tenure Committee (2022-)
- P-12 Advisory Council (2023-)
- SACSCOC QEP Committee (2022-current)
- SACSCOC Subcommittee – Educational Program Structure & Content (2022-2024)
- Strengthen Excellence in Teaching Work Group (2022-2024)
- Teacher Education (2016-current)
- Textbook Work group (2018)

Peer-Reviewer:

- SHAPE America Research Council – Physical Activity & Health Promotion
- International Journal of Environmental Research and Public Health

University Supervisor

- Serve as an advisor/supervisor for student teacher candidates as they finish their student teaching placements.
- Serve as a university mentor for students in our MAT program.
- Served as the liaison between the Human Performance Division and the School of Education during the CAEP accreditation process.
- Act as the representative for the Human Performance Division with the School of Education. Responsibilities include assessing new students applying to the program and moving through steps in the CAP process, conducting interviews for those graduating from the program, and ensuring HPE curriculum aligns with Praxis assessments.

Academic Advisor

- Serve undergraduate advisees in Health & PE, Exercise Science, Fitness/Wellness, Sport Management, and Pre-Athletic Training.

Learning Communities

- Served within the pilot group of faculty for learning communities within a general education course and in the first-year seminar class.
- Facilitated paperwork and meetings for the Human Performance faculty during the transition to learning communities for all paired courses
- Planned and facilitated the Human Performance freshmen scheduling day in an effort to improve retention within the division.
- Planned and facilitated various group activities for the division's pairings.

Content Reviewer for Educator Licensure

- Serve as a content reviewer for the Office of Educator Licensure and Effectiveness for new Health and Physical Education programs.
- The responsibilities include reviewing syllabi and standards to determine if new programs provide candidates with sufficient content and clinical experiences to be certified in Health and Physical Education.

Kentucky SHAPE

- Board Member (Vice-President Elect of General 2022-2024)

Trainings & Professional Development

- OER (Open Educational Resource) Training Course (Fall 2022)
- Chronicle of Higher Ed – Strategic Leadership Program for Department Chairs (Fall 2022)
- BP 500 Moodle Training Course (Fall 2016)

OTHER

Assistant Women's Golf Coach, Campbellsville University	2014-2017
Adair County Board of Education Superintendent Search Committee	2023
Adair County Primary Center PTO	2022-current
Adair County Little League & Upward Sports Coach	2023-current

REFERENCES

Dr. Donna Wise, Director of Internship Programs

Human Performance

Campbellsville University

1 University Drive

Phone: 270-789-5261

Email: dwise@campbellsville.edu

Dr. Heather Erwin, Chair of Kinesiology and Health Promotion, Professor

Kinesiology & Health Promotion

University of Kentucky

115 Seaton Center

Phone: 859-257-5311

Email: heather.erwin@uky.edu

Dr. Aaron Beighle, Professor

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