**CAMPBELLSVILLE UNIVERSITY**

**Introduction to Movement/Rhythmic Movement  
HP 212**

Instructor: Karen Baum  
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This course will provide learning experiences in forms of locomotor, non-locomotor, movement skills, games, and dance. The course is designed for health/physical education and elementary education students. Students will be introduced to the different facets of movement, learning techniques and strategies for elementary students. The main focus of this course is Practical Living and Arts and Humanities (Dance) Standards that are to be taught within the elementary curriculum.

1. **Course Objectives:**
   1. Describe the “physically educated person” and explain the “outcomes of quality physical education programs” as stated by NASPE.
   2. Explain how personal beliefs, values, and goals affect the elementary teacher’s role as a supporter of the physical education teacher.
   3. Explain the purpose, values, and contributions of physical education and physical activity in the elementary school curriculum.
   4. Demonstrate a basics knowledge of movement concepts and fundamental movement skills
   5. Demonstrate a basic knowledge of generic skill levels of elementary students.
   6. Identify and demonstrate dance and rhythmic movements developmentally appropriate for elementary students.
   7. Identify resources and equipment needed to teach elementary physical education/activities effectively
   8. Identify the academic expectations and core content of Practical Living for physical education and Arts and Humanities for dance.
   9. Construct lesson plans for the core content of physical education and dance.
   10. Develop physical activities that integrate other disciplines within the elementary curriculum.
   11. Team-teach a lesson plan and evaluate the effectiveness.

STUDENT EVALUATION:

Grading: Attendance and participation 100

Class Projects 400

Exams 200

**Project 1:** **Teaching Aids**  
Students will create 10 teaching aids/posters for elementary students. These will be designed for teaching aids for basic movements. Assessment criteria will be given in class. 100 points

**Project 2: Movement Concept notebook**

Each student will develop a notebook throughout the course which will be turned in near the end of the semester. The notebook will include lesson plans and activities that will facilitate the teaching of movement concepts and skill themes. The notebook should provide a useful resource and reference for the classroom teacher and P-5 physical education. 100 points

**Project 3**: **Movement/Skill Lesson**

Working in a group, students will explain, demonstrate, and teach a movement/skill lesson. Students will turn in a lesson plan, prepare for equipment needs, have developmentally appropriate activities, and provide for maximum participation. Each team will also create a visual aid for clarification of important points. 100 points

**Project 4: Dance/Rhythmic Lesson**

Working in a group, students will explain, demonstrate, and teach a dance/rhythmic lesson. Students will turn in a lesson plan, prepare for equipment/music needs, have developmentally appropriate activities, and provide for maximum participation. Each team will also create a visual aid for clarification of important points.

100 points  
Grading Scale: 600-700 A  
 500-599 B  
 400-499 C  
 300-399 D  
 below 299 F

**Disability Statement**: Campbellsville University is committed to reasonable accommodations for students who have documented learning and physical disabilities, as well as medical and emotional conditions. If you have a documented disability or condition of this nature, you may be eligible for disability services. Documentation must be from a licensed professional and current in terms of assessment. Please contact the Coordinator of Disability Services at 270-789-5450 to inquire about services.

Campbellsville University and its faculty are committed to assuring a safe and productive educational environment for all students. In order to meet this commitment and to comply with Title IX of the Education Amendments of 1972 and guidance from the Office for Civil Rights, the University requires all responsible employees, which includes faculty members, to report incidents of sexual misconduct shared by students to the University's Title IX Coordinator.

Title IX Coordinator:

Terry VanMeter 1 University Drive UPO Box 944 Administration Office 8A Phone – 270-789-5016 Email – twvanmeter@campbellsville.edu

Information regarding the reporting of sexual violence and the resources that are available to victims of sexual violence is set forth at: [www.campbellsville.edu/titleIX](http://www.campbellsville.edu/titleIX)

CAMPUS SECURITY PHONE NUMBER-- 270-403-3611 (cell) 270 789-5555(office)

**Attendance Policy**

**Undergraduate Student Attendance Policy**Students are required to attend all class meetings of courses for which they are registered. Students are responsible for meeting all the course requirements and properly addressing the content of courses for which they are registered. **If a student finds it necessary to miss a class, it is the student’s responsibility to:**

1. Contact the course instructor before the absence, if possible.
2. Make arrangements with the course instructor for missed work. All course work required on the date of the absence must be turned in prior to the absence, unless for unforeseen illness.
3. Provide the course instructor with appropriate documentation and verification of the need or reason(s) for the absence.

**The needs or reasons for absences may include ONLY the following**

1. Illness
2. Unavoidable Personal Emergency – s situation that presents an un-resolvable conflict with class attendance due to sever and unusual demands placed upon the student by circumstances beyond his or her control.
3. Participation in a University Sponsored Event – a situation that presents and un-resolvable conflict with class attendance due to the student’s required participation in a University-sponsored event as approved by the Vice President for Academic Affairs. Arrangements for missed work due to absences of this type must be made prior to the absence.

For the above stated reasons only, students will be issued a warning when absences reach 4.

**\*\*\*\*All absences – excused or unexcused count toward your total number of absences\*\*\*\***

**Campbellsville University Schedule  
HP 212 Introduction to Movement 11:00 – 11:50**

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Day** | **Topic** |  |
| Aug. 30 | T | Intro/Orientation |  |
| Sept. 1 | R | PL Standards | PL Standards |
| Sept. 6 | T | Role of the Classroom Teacher |  |
| Sept. 8 | R | Space Awareness |  |
| Sept. 13 | T | Space Awareness, cont. |  |
| Sept. 15 | R | Locomotor Skills |  |
| Sept. 20 | T | Non-locomotor Skills |  |
| Sept. 22 | R | Pathway Skills |  |
| Sept. 27 | T | Chase/Flee/Dodge Skills/Games |  |
| Sept. 29 | R | Parachute |  |
| Oct. 4 | T | Assignments |  |
| Oct. 6 | R | Assignments |  |
| Oct. 11 | T | Jump Rope Skills |  |
| Oct. 13 | R | Tinikling |  |
| Oct. 18 | T | Jump Bands |  |
| Oct. 20 | R | **Fall Break** |  |
| Oct. 25 | T | Throwing/Catching Skills |  |
| Oct. 27 | R | Throwing/Catching Skills |  |
| Nov. 1 | T | Rolling/Bowling Skills |  |
| Nov. 3 | R | Fitness Skills |  |
| Nov. 8 | T | Fitness Games |  |
| Nov. 10 | R | Geo Fitness |  |
| Nov. 15 | T | Integrated Activities |  |
| Nov. 17 | R | Integrated Activities |  |
| Nov. 22 | T | Native American Games/Dance |  |
| Nov. 24 | R | **Thanksgiving** |  |
| Nov. 29 | T | Rhythmic Activities/Dance |  |
| Dec. 1 | R | Dances Around the World |  |
| Dec. 6 | T | Group Lessons |  |
| Dec. 8 | R | Group Lessons |  |
| Dec. 12-16 |  | **Finals Week** |  |

**PLEASE WEAR TENNIS SHOES AND COMFORTABLE CLOTHING EACH DAY!!!!**