

**CAMPBELLSVILLE UNIVERSITY**

**COURSE SYLLABUS**

PLEASE TYPE. DATE 1-16-17

ACADEMIC UNIT Human Performance FACULTY Lauren Willis

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Discipline | Course#  Section | Title of Course | Credit Hours | Cross Reference  (if applicable) |
| Human  Performance | HP 302-01 | Assessment in Physical Activity | 3 |  |

TEXTBOOK [X] Required [] Not Required

Author: G. Bert & L. Summers Title: Meeting Physical Education Standards Through Meaningful Assessment

Publisher: Human Kinetics Date of Publication: 2013

WORKBOOK

Author \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Title \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Publisher \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Publication \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PLEASE ANSWER THE FOLLOWING QUESTIONS ON A SEPARATE SHEET OF PAPER AND ATTACH TO THIS FORM.

1. DESCRIPTION OF COURSE: Develop a brief description of the course as it will appear in the Catalog.
2. COURSE OBJECTIVES: List the objectives of the course, both general and specific. Please relate these objectives

to the mission and goals of the University and the Academic Unit.

1. COURSE OUTLINE: Outline the topics/units that are to be taught.
2. EVALUATION: How do you plan to determine the grade in the course. Please include grading scale.
3. REQUIREMENTS
   1. Examinations: State when tests are to be administered, including unit, mid-term, and final examinations.
   2. Reports: How many, length required, and what type (Oral, term and/or research, book critiques).
   3. Supplemental reading assignments or outside work required.
   4. Supplemental instruction aids: Audio visual aids, field trips, guest speakers, etc.
4. BOOKLIST

DEAN Date Copy Received\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

VICE PRESIDENT FOR ACADEMIC AFFAIRS Date Copy Received\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**COURSE SYLLABUS**

**HP 302**

**Assessment in Physical Activity**

**Spring 2017**

**Course Instructor:** Lauren Willis

**Office:** HC 204

**Phone:** 270-789-5098

**Email:** lmwillis@campbellsville.edu

**Office hours:**

**Class Meetings:** M/W/F: 12:00 p.m. **–** 12:50 p.m.

**Location:** HC 203

**COURSE DESCRIPTION:**

This course introduces future educators in health and physical education as well as majors involved in testing human subjects with a foundational platform in physical fitness and movement testing. Students will develop an understanding of creating testing protocols with correct movement, specific steps, times, intervals, groupings, and other techniques and strategies to elicit valid and reliable physical fitness and movement testing. Data analysis of testing results and future use of data will also be discussed.

**TEXTBOOK:**

Bert, G., & Summers, L. (2013). *Meeting physical education standards through meaningful assessment: Research-based strategies for secondary teachers*. Champaign, IL: Human Kinetics.

**COURSE OBJECTIVES:**

By the end of this course, in accordance with the mission of Campbellsville University and the Division of Human Performance, students should be able to:

1. Implement the fitnesgram testing into the physical education classroom.

(KTS: 1,2, 4) (InTASC: 1,2,4,5) (SHAPE/NPES: 1,2,3) (SHAPE/NHES: 3,6)

1. Conduct fitness testing with different populations including children, adults, elderly, and disabled. (KTS:1,2,3,4,5,6,7) (InTASC 1,2,3,4,56,7,8) (SHAPE/NPES 1,2,3) (SHAPE/NHES 2,4,5,6,)
2. Understand the rationale behind testing and be able to relay that information to subjects being tested. (KTS: 1,8,9,10) (InTASC: 4,9,10) (SHAPE/NPES: 1,2,4) (SHAPE/NHES: 3,4,5,6,7,8)
3. Use techniques to motivate subjects to give the highest available effort while testing.

(KTS: 1,2) (InTASC: 2) (SHAPE/NPES: 2,4,5) (SHAPE/NHES: 4,6,8)

1. Evaluate testing data and use it as a tool to enhance performance.

(KTS: 5,7) (InTASC: 6) (SHAPE/NPES: 1,2) (SHAPE/NHES: 3)

1. Understand the importance and implementation of validity and reliability in testing.

(KTS: 5,7) (InTASC: 6) (SHAPE/NPES: 1,2) (SHAPE/NHES: 3)

**COURSE ASSIGNMENTS:**

1. **Quizzes:** Quizzes will be given periodically throughout the semester to assess knowledge learned through lectures, labs, and readings. (10 x 20 = 200 points)
2. **Testing Plan Presentation Program Review Assignment:** Students will work in groups to develop a plan to pre, mid, and post test subjects in an assigned area to enhance performance. (50 points)
3. **Testing Rationale Paper:** Students will write a paper on why testing is implemented and their philosophy on how they will use testing within their future occupation. (50 points)
4. **Final Exam:** A comprehensive exam will be given covering the material discussed during the course of the semester. (50 points)

**All assignments must be typed (12-point Times New Roman). Hard copy assignments will not be accepted via email. (Only exceptions considered would be is if the instructor is contacted prior to the deadline of the assignment.)**

**PROFESSIONAL EXPECTATIONS:**

1. **Attendance and punctuality:** All students are to comply with the “Student Attendance Policy” as described in the Campbellsville University Student Handbook. After the **12th absence** the student will automatically be withdrawn from the class.

**NO LATE ASSIGNMENTS OR MISSED ASSESSMENTS WILL BE ACCEPTED. All assignments are to be handed in on time regardless of absence and assessments should be taken on the scheduled day. If there are extenuating circumstances come and speak with me prior to the day of the absence. Emails the day of class or after class will not suffice. If not excused by myself before the due date, student will receive no credit for assignment or assessment.**

1. **Appropriate dress:** Hats, hoods, or ear warmers are not to be worn in class. Dress modestly in respect to fellow classmates. On lab days, students must wear appropriate physical activity attire.
2. **Class Preparation.** Students are expected to come to class prepared (study, read, bring notes, have materials, etc.). Lack of preparation shown by the inability to participate in activities and discussions during class will have a negative impact on performance in class.
3. **Professional behavior:** Students are expected to demonstrate professional behavior during all class sessions. This includes being respectful of the instructor and classmates, using appropriate language and tone of voice, and being attentive during class.
4. **Electronic Devices:** The use of electronic devices (i.e., laptops, phone calls, text messages, head phones, music, etc.) is not permitted in this class. (5 points will be subtracted from the student’s final exam grade for each incident.) **This is your one warning and will go into effect after the first day of classes.**
5. **Verbal announcements** given in class take precedence over this written material.

## ACADEMIC INTEGRITY:

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Academic integrity can be compromised by one of two categories: cheating and plagiarism.

(a) Cheating is the violation of classroom rules of honesty with respect to examinations and assignments. Any student helping another student cheat is as guilty as the student assisted. Students found guilty of cheating may receive a failing grade of F for the course. (b) Plagiarism is defined as representing or repeating the words or ideas of someone else as one’s own in any academic exercise.  Therefore, all writing you do for this course must be your own and must be exclusively for this course, unless the instructor stipulates differently.  Pay special attention to the accuracy of the quotations, paraphrases, summaries, and documentation practices you use in your assignments.  If you have any questions about plagiarism, please ask your instructor or the writing center.  If you plagiarize or cheat, you may receive an F for the assignment or the course, and your case may be reported.

**DISABILITY STATEMENT:**

Campbellsville University is committed to reasonable accommodations for students who have documented physical and learning disabilities, as well as medical and emotional conditions. If you have a documented disability or condition of this nature, you may be eligible for disability services. Documentation must be from a licensed professional and current in terms of assessment. Please contact the Coordinator of Disability Services at 270-789-5192 to inquire about services.

**Security Cell Phone:** 270-403-3611

Campbellsville University and its faculty are committed to assuring a safe and productive educational environment for all students. In order to meet this commitment and to comply with Title IX of the Education Amendments of 1972 and guidance from the Office for Civil Rights, the University requires all responsible employees, which includes faculty members, to report incidents of sexual misconduct shared by students to the University's Title IX Coordinator.

Title IX Coordinator:  
Terry VanMeter  
1 University Drive  
UPO Box 944  
Administration Office 8A  
Phone - 270-789-5016  
Email - [twvanmeter@campbellsville.edu](mailto:twvanmeter@campbellsville.edu)

Information regarding the reporting of sexual violence and the resources that are available to victims of sexual violence is set forth at: [www.campbellsville.edu/titleIX](http://www.campbellsville.edu/titleIX)

**STUDENT EVALUATION:**

Quizzes (10) 200

Testing Plan Presentation 50

Rationale Paper 50

Final Exam 50

**Total 350**

**Grading Scale**

A 315-350

B 280-314

C 245-279

D 210-244

F < 210

**HP 302**

**COURSE OUTLINE**

**Fall 2015**

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Topic/Assignment** | **Date** | **Topic/Assignment** |
| **W 8/26** | Introduction | **M 10/19** | **Quiz 8**  Additional Testing |
| **F 8/28** | Rationale Behind Testing | **W 10/21** | Additional Testing |
| **M 8/31** | Rationale Behind Testing | **F 10/23** | Additional Testing |
| **W 9/2** | Rationale Behind Testing | **M 10/26** | Additional Testing |
| **F 9/4** | **Quiz 1**  Validity and Reliability | **W 10/28** | Additional Testing |
| **M 9/7** | No Class – Labor Day | **F 10/30** | No Class – Paper |
| **W 9/9** | Validity and Reliability | **M 11/2** | **Quiz 9**  Cognitive Testing |
| **F 9/11** | **Quiz 2**  Fitness Gram | **W 11/4** | Cognitive Testing |
| **M 9/14** | **Quiz 3**  Fitness Gram | **F 11/6** | Cognitive Testing |
| **W 9/16** | Fitness Gram | **M 11/9** | No Class – Presentations |
| **F 9/18** | **Quiz 4**  Fitness Gram | **W 11/11** | Cognitive Testing |
| **M 9/21** | Fitness Gram | **F 11/13** | **Quiz 10**  Cognitive Testing |
| **W 9/23** | Fitness Gram | **M 11/16** | No Class – Presentations |
| **F 9/25** | **Quiz 5**  Cooper Testing | **W 11/18** | Presentations |
| **M 9/28** | Cooper Testing | **F 11/20** | Presentations |
| **W 9/30** | Cooper Testing | **M 11/23** | Presentations |
| **F 10/2** | **Quiz 6**  Presidential Fitness Testing | **W 11/25** | No Class – Thanksgiving |
| **M 10/5** | Presidential Fitness Testing | **F 11/27** | No Class – Thanksgiving |
| **W 10/7** | Presidential Fitness Testing | **M 11/30** | Presentations |
| **F 10/9** | **Quiz 7**  ACSM | **W 12/2** | Presentations |
| **M 10/12** | ACSM | **F 12/4** | **RATIONALE PAPER DUE** |
| **W 10/14** | ACSM | **Fri. 12/11** | **FINAL EXAM:**  **8:00 a.m. – 9:30 a.m.** |
| **F 10/16** | No Class – Fall Break |

**Above is the HP 302 Fall 2015 tentative class schedule; changes to the schedule may occur at times during the semester. Changes announced in class take precedence over the written schedule and it is the responsibility of the student to be aware of each class meeting and assignments.**