Lauren M. Willis

Campbellsville University

Division of Human Performance

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# Education

**PhD** University of Kentucky, Educational Sciences – Physical Education May 2019 Dissertation: “The Effects of Increased Physical Education on Student

Academic Achievement and Classroom Behavior”

Committee: Dr. Heather Erwin (chair), Dr. Aaron Beighle, Dr. Jody Clasey, Dr. Kiluba Nkulu

**MS** Campbellsville University, Sport Management May 2016

 Advisor: Dr. Kun Soo Shim

**MS** Campbellsville University, Theology May 2015

 Advisor: Dr. John Hurtgen

**BS** Campbellsville University, Health & Physical Education December 2012

 Graduated Summa Cum Laude

 Advisors: Dr. Donna Wise & Mr. Don Cheatham

# Honors and Awards

**KY SHAPE College Professor of the Year** 2021

**Outstanding Faculty Advisor** 2019

**Graduate Block Funding** 2018

**John E. Partington Scholarship** 2017 & 2018

**Valedictorian**  2012

**Who’s Who Among Students**  2009-2012

# Research Experience

**Dissertation**, University of Kentucky, Campbellsville Elementary School 2018

Advisor: Dr. Heather Erwin

* The Effects of Physical Activity on Academic Performance

**Pilot Study,** University of Kentucky, Campbellsville Elementary School 2017-2018

Advisor: Dr. Heather Erwin

* The Effects of Physical Education on Academic Achievement

# publications

Willis, L., Erwin, H.E, Beighle, A., Clasey, J., & Pavy, A.M. (submitted – pending). Exploring a Physical Education Response to Intervention Program on Elementary Students’ Physical Activity and Academics. *Research Quarterly for Exercise and Sport.*

# Teaching Experience

**Campbellsville University, Campbellsville Kentucky** August 2016-Current

**Assistant Professor**, Division of Human Performance (2017-current)

**Instructor** (2016-2017)

**Lead Professor of Health and Physical Education** (2016-current)

* HP 103: Introduction to Physical Activity
* HP 115: Walk/Jog for Fitness
* HP 148: Beginning Basketball
* HP 180: Principles of Wellness
* HP 200: Healthful Living
* HP 212: Rhythmic Movement
* HP 230: Kinesiology & Anatomy for HP Professionals
* HP 251: Teaching Sport Skills I
* HP 252: Teaching Sport Skills II
* HP 302: Assessment in Physical Activity
* HP 305: Community and Consumer Health
* HP 310: Nutrition
* HP 318: Teaching Sport Skills
* HP 320: Human Sexuality
* HP 321: School Health, PE, & Recreation P-5
* HP 351: Christian Coaching
* HP 360: Gender & Diversity in Sport
* HP 380 Motor Learning
* HP 411: Teaching Health & PE
* HP 415: Ethics in Sport
* HP 430: Psychology of Sport
* HP 485: Internship Advisor
* HP 511: Teaching Elementary Health & PE
* HP 512: Teaching Secondary Health & PE
* HP 650: Ethics in Sport
* OR 100: First Year Experience
* OR 110: First Year Seminar

# Presentations and Invited Lectures

**Workshop,** “Notetaking Skills,” August & September 2021

**Workshop,** “Notetaking Skills,” August 2020

**Presentation, “**Teaching Games for Understanding”, SHAPE Convention April 2020 – Invited but cancelled due to COVID

**Workshop,** “Fitness Activity Takeaways,” KAHPERD Convention October 2019

**Workshop**, “Assessment on the Run,” KAHPERD Convention October 2019

**Paper Presentation,** “The Effects of Increased Physical Education on Student Academic Achievement and Classroom Behavior,” IPHPE Conference September, 2019

**Workshop,** “Notetaking Skills,” August & September 2019

**Roundtable Discussion Presentation**, “The Effects of Physical Activity on Academic Performance,” SHAPE Convention April, 2019

**Paper Presentation**, “The Effect of Increased Physical Activity on Academic Performance,” College of Education Spring Research Conference March, 2019

**Presentation,** “Ethics in Sport: Performance Enhancing Drugs & Elite Athletes,” November 2018

**Workshop**, “Teaching Games for Understanding,” KAHPERD Convention November 2018

**Workshop**, “Games From Around the World,” KAHPERD Convention November 2018

**Workshop,** “Notetaking Skills,” August & September 2018

**Workshop**, “Finding your Compass,” Orienteering, KAHPERD Convention November 2017

# Professional Affiliations

Kentucky Association for Physical Education, Recreation, & Dance, 2016-Present

Society for Health and Physical Education, 2010-2012, 2016-2019

Kentucky SHAPE, 2019-Present

The PETE Collaborative Organization, 2018-Present

# Professional Service

**Committees**

* Academic Advising (2016-current)
* Athletic (2016-2017)
* Board of Trustees – Faculty Representative (2019-2021)
* Chapel/Convocation Committee (2020)
* Health & Wellness Committee (2019-current)
	+ Wellness Fair Coordinator (2017-current)
* Teacher Education (2016-current)
* Textbook Work group (2018)
* QEP Committee

**Peer-Reviewer**:

* SHAPE America Research Council – Physical Activity & Health Promotion
* International Journal of Environmental Research and Public Health

**University Supervisor**

* Serve as an advisor/supervisor for student teacher candidates as they finish their student teaching placements.
* Serve as a university mentor for students in our MAT program.
* Served as the liaison between the Human Performance Division and the School of Education during the CAEP accreditation process.
* Act as the representative for the Human Performance Division with the School of Education. Responsibilities include assessing new students applying to the program and moving through steps in the CAP process, conducting interviews for those graduating from the program, and ensuring HPE curriculum aligns with Praxis assessments.

**Academic Advisor**

* Serve undergraduate advisees in Health & PE and Pre-Athletic Training.

**Learning Communities**

* Served within the pilot group of faculty for learning communities within a general education course and in the first-year seminar class.
* Facilitated paperwork and meetings for the Human Performance faculty during the transition to learning communities for all paired courses
* Planned and facilitated the Human Performance freshmen scheduling day in an effort to improve retention within the division.
* Planned and facilitated various group activities for the division’s pairings.

# Other

Assistant Women’s Golf Coach, Campbellsville University 2014-2017

# References

**Dr. Donna Wise** Division Chair

Human Performance

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**Dr. Heather Erwin**, Director of Graduate Studies, Professor

Kinesiology & Health Promotion

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**Dr. Aaron Beighle**, Professor

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